



Sandwiches/ Rolls (white or wholemeal)		Snack Food	
Buttered bread or roll (G) (V)	1.50	Hard boiled egg (G)	1.00
Vegemite (V)	3.00	Carrot or cucumber sticks (G) (V)	.50
Cheese (G) (V)	3.50	Rice Crackers (G)	1.00
Egg (G) (V)	4.00	Popcorn (low salt or cheese) (G)	1.50
Tuna (G)	4.50	Cheese & Crackers (G) (V)	1.50
Chicken (G) (H)	4.50	Chips (A)	1.50
Ham (G)	4.50	JJ Crackers (Pizza, Chicken or Salt & Vinegar) (A)	1.50
Salad (lettuce, tomato, carrot, beetroot, cucumber) (G) (V)	5.50	Gingerbread Men (A)	1.80
Ham & Salad (G)	6.50	Cookie - Choc Chip (A)	2.00
Tuna & Salad (G)	6.50	Fruit and Fruit Snacks	
Chicken & Salad (G) (H)	6.50	Apples/ Oranges/ Bananas (Seasonal) (G)	1.00
Egg & salad (G) (V)	6.00	Dried Apricots (G) each	.10
Extras		Banana Chips (G) per scoop	.05
Tomato (G)	.40	Sultana (G) per scoop	.10
Lettuce (G)	.40	Drinks	
Carrot (G)	.40	Pure Spring Water (G)	1.50
Beetroot (G)	.40	Big M (Choc. or Strawberry) (G)	2.00
Cucumber (G)	.40	Quench (Cola, Apple & Raspberry, Orange, Lemon & Lime) (A)	2.00
Cheese (G)	1.00	Just Juice (Apple, Orange, Apple / Blackcurrant or Paradise Punch) (A)	1.50
Hot rolls (G)	.30	Frozen Items	
Egg (G)	1.00	Orange quarters (G)	.25
Mayonnaise	.25	Watermelon slice (terms 1 & 4 only) (G)	1.00
French Dressing	.25	Pineapple Slice (G)	1.00
Student Salad tubs		Banana Pops (G)	.50
Garden salad (lettuce, tomato, cucumber, carrot)	4.50	Bag of grapes (G)	1.00
Coleslaw (carrot, cabbage, celery)	4.50	Orange or Apple fruit juice cups (T1 & 4 only)	1.50
Salad Platters		Yoghurt (Raspberry, Strawberry) (A)	2.00
Salad (lett/carrot/tom/btroot/cuc/cheese/egg /mayo) (G) (V)	7.50	Paddle Pop (Choc., Rainbow or Banana) (A)	1.60
Ham & Salad (G)	8.50	Paddle Pop Twist (Lemonade)	1.10
Chicken & Salad (G) (H)	9.00	Paddle Pop Choc Shaky Shake (A)	2.10
Tuna & Salad (G)	9.00	Calippo Minis (Rasp-Pine) (A)	.80
Hot Foods		Frozen Just Juice (A)	1.50
Corn on Cob – steamed (G) (V)	1.00	Slushie / Slurpies (fruit based) (A)	2.20
Pizza Singles – Margherita (G) (V)	3.50	Winter Warmers (Terms 2 & 3 only)	
Lasagne (G) (H)	4.00	Toasted Raisin Bread (G)	1.00
Cheese & Spinach Pastry (V) (G)	4.00	Toast with Vegemite (G) (V)	1.00
Macaroni Cheese (G) (H) (V)	4.00	Hot Milo - unsweetened (A)	1.50
Spaghetti (G)	4.00	Hot Soup - Tomato, Chicken noodle (A) + (V)	1.50
Meat Pie (A) (H)	3.50	Lunch Order Information	
Party Pie (A)	1.20	Orders should be written on the front of a clean paper bag. <i>Frozen items are collected from the Canteen.</i>	
Chicken Nugget - baked (A) (H)	1.00	<u>Please Note: there is a 20 cent charge if no paper bag supplied.</u>	
Hot Noodles (Chicken, Beef, Oriental) (A) + (V)	3.50	<i>It is a Health Requirement that all money is wrapped.</i>	
Hot Dog (Meat or Vegetarian) (A) + (V)	3.50	SAMPLE ORDER	
Sausage Roll (A) (H)	3.50	Name:	Cadel Evans
Dim Sim – steamed (A) (H)	1.00	Room:	Grade: 3/4P
Tomato Sauce Sachet	.25	Salad Roll	\$5.50
Soy Sauce	.25	1 Orange Juice	<u>\$1.50</u>
		Total	<u>\$7.00</u>

Government Approved Nutritional Coding

Green (G) Food may be consumed daily

Amber (A) Food may be consumed
2-3 times per week.

Halal (H) Halal certified option available.

Vegetarian (V) does not contain
meat, poultry or seafood. May contain egg.

SAMPLE ORDER

Name: Cadel Evans
Room: Grade: 3/4P
Salad Roll \$5.50
1 Orange Juice \$1.50
Total \$7.00